

The OPTIONS Program - Fall 2018 Cohort Schedule

Tuesday | Sept 25 | 1 – 3 pm

Monday | Oct 1 - Dec 10 | 1 – 3 pm

Date	Location	Topic	Description	Instructor
Tues Sept 25	BA3116	You as a Professional I	Learn about sectors that employ engineering graduates, and the skills and attributes employers seek from the workforce. Formulate a personal objective to guide you through the program.	Doug Reeve, Director, Troost Institute for Leadership Education in Engineering & Professor, Dept. Chemical Engineering
Mon Oct 1	MY480	You as a Professional II: Self-awareness	Take two self-assessments to discover how to leverage your talents to transform from an individual, technical expert to a collaborative engineering leader.	Doug Reeve
Mon Oct 15	MY480	Skills Inventory for Career Clarification I	Reflect on your experiences and stories in an organized way to clarify your strengths, desires, interests, personal qualities and influences. Create a career statement with professional vocabulary.	Mark Franklin, Practice Leader, CareerCycles.com & Instructor, Engineering Careers (APS1030)
Mon Oct 22	MY480	Skills Inventory for Career Clarification II	Debrief skills inventory. Transform your 'career statement' into an actionable Career Exploration Plan for 3+ career possibilities.	Mark Franklin
Mon Oct 29	MY480	You as a Professional III: Workplace Culture	Learn about the elements and different types of workplace cultures. Understand how different cultures might match your desires and strengths to better shape your job search.	Jordan Daniow, Leadership Education Specialist, Troost Institute for Leadership Education in Engineering
Mon Nov 5	MY480	WHAT to Ask Your Connection: Informational Interviews	Learn how to conduct informational interviews that allow you to explore career options and cultivate meaningful relationships with industry leaders.	Lydia Wilkinson, Instructor, Engineering Communications Program
Mon Nov 12	MY480	WHO to Connect With: Strategies to Build Your Network	Bring your Career Exploration Plan to life! Learn how to optimally use online tools and resources to find engineering professionals. Develop strategies to reach out and follow-up so you can intentionally develop connections.	Jonathan Turner, Career Educator, Career Exploration and Education, U of T
Mon Nov 19	MY480	WHY You Matter to Your Connection: Communicating Your Value	Practice communicating your capability and technical knowledge to employers so you can express with enthusiasm and clarity the unique value you bring to the workplace.	Lydia Wilkinson
Mon Nov 26	MY480	Job Search Strategies I: Resume and Cover Letter	Learn strategies to showcase your engineering PhD and post-doc experiences in resumes and cover letters.	Lydia Wilkinson
Mon Dec 3	GB202	Job Search Strategies II: Interviewing	Learn about the types of interview questions and how best to answer them. Participate in mock interviews.	Lydia Wilkinson
Mon Dec 10	GB202	Reflection and Next Steps	Reflect on your personal learning over the past 10 weeks. Take inventory of your Career Exploration Plan and set goals for next steps.	Doug Reeve