

## The OPTIONS Program – Winter 2020 MEng Cohort Schedule

Monday | Jan 27 – Apr 6 | 2 - 4 pm

Date	Location	Topic	Description	Instructor
Mon Jan 27	MY440	You as a Professional I: Labour Market and Transferable Skills	Identify sectors that employ engineering graduates, and the skills and attributes employers seek from the workforce.	Doug Reeve Director Emeritus, Troost Institute for Leadership Education in Engineering & Professor, Chemical Engineering & Applied Chemistry
Mon Feb 3	MY440	You as a Professional II: Self-awareness	Take a self-assessment to discover how to leverage your talents to transform from an individual, technical expert to a collaborative engineering leader.	Doug Reeve
Mon Feb 10	MY440	Career Exploration Plan I	Reflect on your experiences and stories in an organized way to clarify your strengths, desires, interests, personal qualities and influences using a career management tool. Create a career statement with professional vocabulary.	Teresa Didiano, Graduate Professional Coordinator, Troost Institute for Leadership Education in Engineering
Mon Feb 24	MY440	Career Exploration Plan II	Debrief your Career Exploration Plan. Transform your 'career statement' into an actionable Career Exploration Plan for 3+ career possibilities.	Mark Franklin, Practice Leader, CareerCycles.com & Instructor, Engineering Careers (APS1030)
Mon Mar 2	MY440	Networking I: Informational Interviews and Online Tools	Learn how to conduct informational interviews that allow you to explore career options and cultivate meaningful relationships with industry leaders.  Put your new networking skills into action, and discover online tools to connect to engineering professionals.	Lydia Wilkinson, Instructor, Engineering Communications Program  TBD, Career Educator, Career Exploration & Education
Mon Mar 9	MY440	Job Search Strategies I: Resume and Cover Letter	Apply strategies to showcase your engineering MEng experiences in an employment-oriented resume and cover letter.	Lydia Wilkinson
Mon Mar 16	MY440	Job Search Strategies II: Interviewing	Learn about types of interview questions and how best to answer them. Participate in mock interviews.	Lydia Wilkinson
Mon Mar 23	MY440	Networking II: Personal Value Proposition	Develop a personal value proposition that communicates the unique value you bring to the workplace. Practice the fundamentals of networking etiquette.	Albert Huynh, Leadership Education Specialist, Troost Institute for Leadership Education in Engineering
Mon Mar 30	MY440	You as a Professional III: Workplace Culture	Discover different workplace cultures and how these cultures might match your desires and strengths to better shape your job search.	Jordan Daniow, Leadership Education Specialist, Troost Institute for Leadership Education in Engineering
Mon Apr 6	GB202	Reflect, Synthesize, and Next Steps	Reflect on and synthesize your personal learning from the past nine weeks. Take inventory of your Career Exploration Plan and set goals for next steps.	Doug Reeve