



The OPTIONS Program – Winter 2021 MEng Schedule

Wed Jan 27 – Wed Mar 31 | 2 – 4 pm EST

Date and Time	Topic	Description	Instructor	Optional Activities and Resources
Wed Jan 27	You as a Professional I: Labour Market and Transferable Skills	Identify sectors that employ engineering graduates, and the skills and attributes employers seek from the workforce.	Emily Moore, Director, Troost Institute for Leadership Education in Engineering (Troost ILead)	
Wed Feb 3	You as a Professional II: Self-awareness	Take a self-assessment to discover how to leverage your talents to transform from an individual, technical expert to a collaborative engineering leader.	Emily Moore	
Wed Feb 10	Career Exploration Plan I	Reflect on your experiences and stories in an organized way to clarify your strengths, desires, interests, personal qualities, and influences using a career management tool. Create a career statement with professional vocabulary.	Teresa Didiano, Graduate Professional Development Coordinator, Troost ILead	Online Storyteller – Career Exploration Plan
Wed Feb 24	Networking I: Personal Value Proposition for Online Networking	Develop a personal value proposition that communicates the unique value you bring to the workplace. Practice the fundamentals of online networking etiquette by discovering online tools to connect to engineering professionals.	Albert Huynh, , Leadership Education Specialist, Troost ILead	
Wed Mar 3	Career Exploration Plan II	Debrief the career management tool. Transform your ‘career statement’ into an actionable Career Exploration Plan for 3+ career possibilities.	Mark Franklin, Practice Leader, CareerCycles.com & Instructor, Engineering Careers (TEP1030)	One-on-one with a career coach
Wed Mar 10	Networking II: Informational Interviews	Learn how to conduct informational interviews that allow you to explore career options and cultivate meaningful relationships with industry leaders. Conduct a mock interview with a U of T engineering alumni.	Anny Fong, Lecturer, Rotman School of Management	Database of informational interview questions
Week of Mar 17 (Complete on your own time)	Job Search Strategies I: Resume and Cover Letter	Watch a short video on strategies to design an employment-oriented resume and cover letter that showcases your engineering experiences. Submit your resume and cover letter, and have a one-on-one with the instructor for personalized feedback.	Anny Fong	One-on-one resume and cover letter review with instructor
Wed Mar 17	You as a Professional III: Workplace Culture	Discover different workplace cultures and how these cultures might match your desires and strengths to better shape your job search.	Emily Moore	
Wed Mar 24	Job Search Strategies II: Interviewing	Learn about types of interview questions and how best to answer them. Participate in mock interviews.	Teresa Didiano	Interview preparation toolkit
Wed Mar 31	Next Steps	Reflect on and synthesize your personal learning. Take inventory of your Career Exploration Plan and set goals for next steps.	Emily Moore, Teresa Didiano, Albert Huynh	One-on-one with an engineering professor